

**Kingwood and West Houston Medical Center's
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2017-2018**

CCC- Clinical Case Conference, Saturdays 9AM-12PM

JC- Journal Club, Mondays 6PM

DL-1- Surgical Dissection Lab PGY-1 residents, Mondays 6PM

DL-2- Surgical Dissection Lab PGY-2 and any interested PGY-3, Mondays 6PM

DL-3- Surgical Dissection Lab PGY-3, Mondays 6PM

FUN- Fundamentals night PGY-2 or PGY-3, Tuesdays 6PM

SRL- Senior Resident Lecture, 8AM before corresponding CCC

BI- Biomechanics Third Tuesday of the month 5:30 PM

K-Kingwood Resident

W-West Houston Resident

A, B, C- First, Second, and Third year

Biomechanics Lectures:

July 18, 2017- **FIRST YEARS ONLY** for the first lecture in July.

August 15, 2017

September 19, 2017

October 17, 2017

November 14, 2017

December 19, 2017

January 16, 2018

February 20, 2018

March 20, 2018

April 17, 2018

May 15, 2018

June 19, 2018

Journal Clubs:

July 5, 2017- WC1 (Wednesday)

August 7, 2017- KC1

September 5, 2017- WC2 (TUESDAY)

October 2, 2017- KC2

November 6, 2017- WC3

December 4, 2017- KC3

January 2, 2018- WC4 (TUESDAY)

February 5, 2018- WB1

March 5, 2018- KB1

April 2, 2018- KB2

May 7, 2018- WB2

June 4, 2018- KB3

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DL1:

July 10, 2017- Introduction to hand instrumentation, cast removal, closure

August 14, 2017- Introduction to power equipment, digital arthroplasty

September 11, 2017- Neuroma, DIPJ arthroplasty

October 9, 2017- Digital fusion, Weil osteotomy

November 13, 2017- Austin, Akin neuroma

December 11, 2017- CBWO, OBW, Lapidus

January 8, 2018- Tailors bunion, Weil osteotomy

February 12, 2018- Heel spur, PF release open/instep, Kidner

March 12, 2018- Retrocalcaneal exostosis, Haglunds

DL2:

July 17, 2017- Lapidus, dislocated 2nd toe, neuroma

August 21, 2017- Evans, Cotton, FDL tendon transfer, percutaneous TAL or gastroc

September 18, 2017- Fibula fracture, syndesmotomic repair

October 23, 2017- 1st MPJ fusion, Pan-metatarsal head resection

November 20, 2017- Lis Franc's fracture/dislocation/arthrodesis, jones fracture

December 18, 2017- Ankle/STJ arthroscopy

January 15, 2018- STJ fusion, Retrocalcaneal enthesiopathy

February 19, 2018- MDCO or Dwyer, T-N fusion, open TAL or gastroc

March 19, 2018- Steindler stripping, dorsiflexory osteotomy of the midfoot

DL3:

July 24, 2017- Lapidus, 2nd MPJ dislocation

August 28, 2017- Triple Arthrodesis, gastrocnemius recession, TAL open

September 25, 2017- Ankle/STJ arthroscopy

October 30, 2017- Peroneal sacrificing ankle or Brostrom

November 27, 2017- Medial malleolar osteotomy, First MPJ fusion

December 28, 2017-TMT 1-3 fusion/interpositional arthroplasty 4, 5 (**Thursday**)

January 22, 2018 - FHL transfer, chronic Achilles repair

February 26, 2018- STATT, PT tendon transfer through the interosseous membrane (**THURSDAY**)

March 26, 2018- TTC, ankle arthrodesis

Demonstration labs: (second and third year residents)

Principles of application of a circular frame: TBD

IM nail: TBD

Plastics: Flaps: TBD

At the end of each quarter, junior and senior residents should exchange cadavers. All cadavers can remain for free dissection time until the week before the start of the next set of labs when they should be disposed of and the new limbs arrive.

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CCC:

July 15, 2017- WC2, KC2, WC3
August 12, 2017- WC1, KC2, KC3
September 23, 2017- WC4, KC1, WB4
October 21, 2017- WC2, WB4, KB1
November 18, 2017- KB2, WC1, WC3
December 9, 2017-KC1, KC2, WB2
January 20, 2018- WC1, WC4, KB3
February 17, 2018- WC4, KC3, WB3
March 24, 2018- WC2, WB1, KB2
April 14, 2018- KC2, KB3, KC1
May 12, 2018- WC3, KC3, WB3
June 9, 2018-WB1, WB2, KB1

SRL-(Senior Resident Lectures)

December 9, 2017- KC3- Treatment of Stage 2 PTTD
January 20, 2018- WC1-Pedal and perioperative ramifications of Collagen Vascular Disease
February 17, 2018-KC2- Antibiotic selection by pathology and medical history
March 24, 2018-WC2- Treatment of calcaneal fractures including postoperative course
April 14, 2018- KC1- A review of nonunions, their cause, and treatment
May 12, 2018-WC3- Principles of tendon transfers
June 9, 2018- WC4- Review of VTE/DVT/PE in the lower extremity and it's porphylaxis

First Year Case Presentations:

May 10, 2018- Kingwood residents
June 7, 2018- West Houston Residents

Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all of the residents.

Fundamentals

PGY-3: July 13, 2017, January 18, 2018

PGY-2: July 20, 2017, January 25, 2018

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Kingwood Resident Key:

Dean Kim- KA1

Trent Monson- KA2

Bijan Sheikhezadeh- KA3

Shannon Curran-KB1

Kent Jarvis-KB2

Christopher Kreps- KB3

Shelley Brand -KC1

Grace Ouyang -KC2

Adi Schroit -KC3

West Houston Resident Key:

Soumaya Bader- WA1

Haonan (Tom) Lin- WA2

Joseph Rundell- WA3

Zachary Stanfield- WA4

Alexander Jenks- WB1

Zubeen Mistry- WB2

Michael Ringwood- WB3

Dhanvil Thakor- WB4

Adam Wood -WC1

Hope Jacoby - WC2

Alexis Kreplick -WC3

Milam Raemsch -WC4

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Didactic Review Tests:

Books: McGlamry's 4th edition. Mann's Surgery of the Foot and Ankle 9th edition.

1st Test: September 27, 2017. McGlamry's

1st year: Ch 4: Sutures, Ch 5: Periop eval, Ch 5 Local Anesthesia

2nd Year: Ch 5- Peripop eval, Ch 9: Periop DVT, Ch27: Distal Met osteot HAV
Ch 34: 1st MTP Arthroplasty

3rd Year: Ch 5 Periop eval, Ch 38: Pedal prominences, Ch 42: Pes Cavus

2nd Test: December 20, 2017.

1st year: McG. Ch 12: Morton's, Ch 30: Z- Scarf osteotomy, Ch 31: Lapidus, Ch 32: Juvenile HAV
Mann's Ch 11: Toe nail Abnormalities

2nd Year: McG. Ch 31: Lapidus, Ch 37: Hallux varus, Ch 39: Plantar Heel,
Mann's 9th ed: Ch 12 Interdigital neuromas and recurrent neuroma, pgs 942 to 970

3rd Year: McG Ch 37 Hallux varus.
Mann's: Ch 12. Disorders of nerve. Entire chapter, pg 943-1026.
Mann's: Ch 35 Subtalar dislocations Pg 2773 - 2788

3rd Test: March 28, 2018.

1st year: McG Ch 13,14,15,16.

Ch 13: Lesser digital deformities (5pgs). Ch 14 Digital Surgery: Metatarsophalangeal Joint Release and Proximal Interphalangeal Joint Arthrodesis, Ch 15: Flail toe with graft. Ch 16 FDL transfer.

2nd Year: Mann's 9th edition, Ch 15. Infections of the foot.
McG Ch 69 Evaluation and Management of the Diabetic Foot Wound.

3rd Year: Mann's Ch 39, fractures talus. Ch 38 Fractures of calcaneus. Ch 24 Disorders of tendons

4th Test: June 13, 2018.

1st Year: Mann's Ch 28 Amputations of foot and ankle.

2nd Year: Mann's Ch 27. Diabetes. McGlamry Ch 55 principles of arthrodesis

3rd Year: Mann's Ch 40 Fractures of the midfoot and forefoot.